

Module 2: Lesson Plan Details

CROSSING THE STREET SAFELY



Discussion 1

1

REVIEW OF WHERE AND HOW TO CROSS SAFELY

- Raise your hand if you have ever crossed the street!
- Why did you cross the street?
- How big was the street you crossed?
- Where should you cross the street? (show pictures of crosswalks, never in the middle of the road.)
- Do you think you should cross the street alone or with an adult?
- Who are some adults you can cross the street with?
- Why should you always cross the street with an adult? Explain that an adult helps you to "get big" because there is more to see when there are 2 people.

Safe Places to Cross Review:

Who can tell me what these are?

Display picture/powerpoint of traffic light & Stop sign



Who here has crossed the street before where there was a traffic light or stop sign?

Display picture/powerpoint of intersections and cross walks.



What is it called when there is a traffic light or a stop sign or two street cross one another? (An *intersection*).

And there are lines painted on the road at intersections and signs like this - what do you think these are called?

Display picture/powerpoint of Cross walk sign and pic of intersection



Where do you think you should walk when there are lines painted on the road? (*Between the lines*).

Does anyone know who this is?

Display picture/powerpoint of Crossing Guard



What do Crossing Guards do? (*Help us cross the street, tell us when it is safe to cross*)

Who can tell me how to cross if there is a crossing guard? (*i.e., stop and wait for the Guard to tell you when it is safe to cross, get off your bike etc.*)

Display picture/powerpoint of 5-steps to crossing the road



1

Discussion 1 *continued*

REVIEW OF WHERE AND HOW TO CROSS SAFELY

5 Steps to Crossing Review (*have the children act these out with you*)

Take your adult's hand.

- Stop at the edge of the road and take a big step back.
- Get big so that the cars can see you – put arm out. What are some reasons a driver might not see you?
- Look all ways – Forwards, back and side to side to make sure there are no cars coming

or the cars are stopped. Make eye contact with the drivers to know they have seen you. Look one way, then the other, then **BEHIND YOU**. Sometimes we forget that part.

- Listen (reiterate ear phones here)
- Walk! Ensure you look all around you while you are walking to look out for turning cars.
- Repeat these a few times with the students to ensure that they have them down.

2

Discussion 2

USING YOUR EARS

We talked about the importance of listening in the five steps to crossing the road. Listening is important while you are walking and crossing because your ears can hear things that are all around you when your eyes are only looking in one spot. Let's review some important sounds you may hear why you are out walking and what they mean.

Start playing the traffic noise soundtrack. Each time an important noise happens in the soundtrack – pause for a few seconds and have students identify what the noise means and what they should do if they hear a noise like that.



The order of the noises is as follows:

1. Bicycle Bell – a cyclist is letting you know they are approaching - look behind you and move out of the way if you need to.
2. Engine revving – a vehicle is about to start moving – make sure they see you before stepping out.

3. Bicycle Bell – what does it mean?
4. Sirens – look out for emergency vehicles and let them go first.
5. School dismissed and sounds of kids in the playground (no action needed).
6. Watch-out! Someone is warning you of a danger so stop and look around.
7. Bicycle Bell
8. Car tires screeching – a car is trying to stop quickly so that they don't hit something – if you hear screeching stop and look around and get out of the way!
9. Honking – a driver is trying to get yours or another drivers attention.
10. Dog barking (no action needed)
11. Beeeep, beeeeep, beeeeep – a truck is backing up and may not be able to see you – get out of the way!
12. Bicycle Bell

Now we are going to watch a video.

3

Video

WATCH VIDEO 2 - CROSSING THE ROAD SAFELY



4

Discussion 3

TRAFFIC LIGHTS & PEDESTRIAN LIGHTS



Using the digital traffic light – review the following:

Now that we have talked about how and where to cross the street safely, a lot of intersections have lots of lights that you need to know about.

Now what do the different colours of the traffic light mean? Review the traffic light with the students and the meaning of each colour.

- Red – stop
- Yellow – slow down/caution, light is going to change
- Green – go carefully

Pedestrian Lights:

Who do you think the traffic lights and stop signs are for – the pedestrians or the traffic?

Display Picture/Powerpoint of traffic stopped at a light



So how do we know when we as pedestrians are supposed to cross? *Pedestrian lights.*

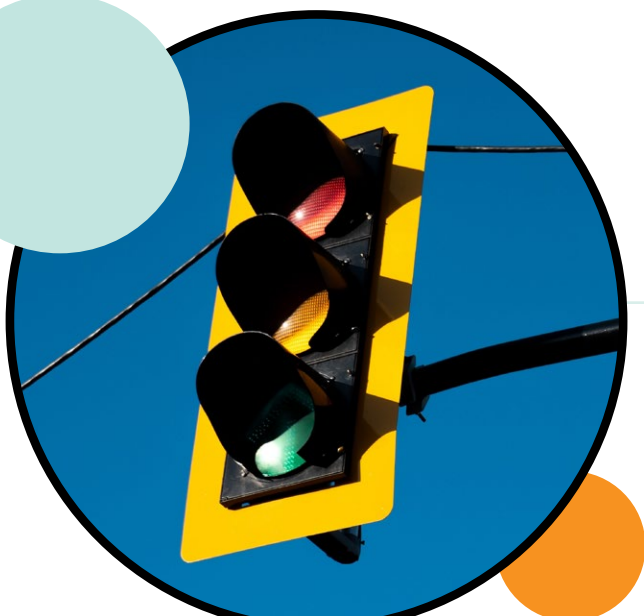
Display various pictures/ powerpoints



- **Solid hand:** Stop/Don't Walk
- **Walking man:** Do the five steps then walk when you know it's safe to. Ensure you look all around you while you are walking to look out for turning cars.
- **Flashing hand/countdown:** Sometimes there are numbers under the pictures that are counting down. This tells you how many seconds until the light will change. If your light starts to count down and you have already started crossing – continue if already walking. If it is counting down before you start, stop and wait for a new light.
- **How do we tell the pedestrian light we are waiting?** By pushing the button – this tells the lights you are there and they need to change. Some intersections you have to push the button for the pedestrian light and some you don't.

So what happens if there is no pedestrian light?

In that case you would wait until the traffic light is green before you cross, but always make sure to pay close attention that the cars know you are going to cross before you start, as they also have the green light.



5**Activity****PRACTISE CROSSING THE STREET**

Have the student's line-up in 2 rows, side by side in order to start practising crossing the street in pairs. Remind them to do the five steps before entering the crosswalk. Make sure everyone gets a few turns.

Start the soundtrack and have the students start their crossing. Ensure one pair gets to the other side of the crosswalk before the next starts.

Use the pedestrian light as well – flipping it between Walk and Don't Walk randomly.

Each time an important noise happens in the soundtrack – pause for a few seconds and have students identify what the noise means and what they should do if they hear a noise like that.

